IDEA Newsletter Recommendation List (General)

Books

- **Non-Fiction**
  - Better Allies – Karen Catlin
  - From the Ashes – Jesse Thistle
  - Disability Visibility – Alice Wong
  - Demystifying Disability – Emily Ladau
  - White Tears/Brown Scars – Ruby Hamad
- **Fiction**
  - The Hate U Give – Angie Thomas
  - Their Eyes Were Watching God – Zora Hurston
  - Five Little Indians – Michelle Good
  - The House of the Spirits – Isabel Allende
  - The Color Purple – Alice Walker
  - Bellies – Nicola Dinan

Movies

- **Documentaries**
  - Transhood (HBO Max)
  - Muxes (HBO Max)
  - Changing the Game (Hulu)
  - I am Not Your Negro (HBO Max)
  - Rising Phoenix (Netflix)
  - Keep Talking (YouTube)

- **Films**
  - Hidden Figures (Amazon Prime, Hulu)
  - Wonder (Amazon Prime)
  - The Imitation Game (Netflix, Amazon Prime)
  - Coco (Disney +)
  - Real Women Have Curves (HBO Max)
  - Smoke Signals (Amazon Prime)

Podcasts

- UDL in 15 – Loui Lorde Nelson
- Inclusive Design – Sabrina Meherally
- The Light – Michelle Obama
- Boundaries + – Portia Noir
- Out of the Shadows – Erick Galindo & Patty Rodriguez
- Speaking Our Truth, Podcast for Change – Patsy Whitefoot

- **Videos**
  - **YouTube**
    - Jessica Kellgren – Fozard (@jessicaoutofthecloset)
    - Rikki Poynter – (@rikkipoynter)
    - Kat Blaque – (@KatBlaque)
    - Navajo Traditional Teachings – (@NavajoTraditionalTeachings)
  - **Series**
    - Equal (HBO Max Docuseries)
    - Rise (TubiTV)
    - Tuesdays with Liz: Disability Policy for All (YouTube @aucdnetwork)

IDEA Newsletter Recommendation List (Code-switching)

- **Books**
  - **Non-Fiction**
    - White Fragility – Robin Diangelo
    - Killers of the Flower Moon: The Osage Murders and the Birth of the FBI – David Grann
    - All You Can Ever Know – Nicole Chung
    - Barracoon – Zora Neale Hurston
  - **Fiction**
    - The Hate U Give – Angie Thomas
    - Where the Dead Sit Talking – Brandon Hobson
    - Ghost Boys – Jewel Parker Rhodes
  - **Poetry/Prose**
    - Cane – Jean Toomer
- **Articles/Blogs**
  - NPR Article form 2013 “Five reasons Why People Code-Switch”
  - Associated Blog to NPR Article
- **Movies/Tv Shows**
  - **Films**
    - Everything Everywhere All At Once
    - Spanglish
    - Coco
    - Luca

- **Shows**
  - The Expanse
  - The Fresh Prince of Belair

Videos

- **YouTube**
  - Key & Peele with Obama's Anger Translator

IDEA Newsletter Recommendation List (Wellbeing and Prison Education Programs Newsletter)

Books

- **Non-Fiction**
  - The Color of Law by Richard Rothstein
  - How the Word is Passed: A Reckoning with the History of Slavery Across America by Clint Smith
  - Minor Feelings: An Asian American Reckoning by Cathy Park Hong
  - One Drop: Shifting the Lens on Race by Yaba Blay
  - Savage Inequalities by Jonathan Kozol
  - Something Must be Done About Prince Edward County by Kristen Green
  - The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together by Heather McGhee
  - Toxic Inequality: How America's Wealth Gap Destroys Mobility, Deepens the Racial Divide, & Threatens Our Future by Thomas Shapiro
  - Uneasy Peace by Patrick Sharkey

Articles/Blogs

- What is diversity? From the National Library of Medicine
- What is equity? From the National Association of Colleges and Employers
- What is inclusion? From verywell mind
- How is Wellbeing Impacted by Diversity, Equity & Inclusion? From Hintsa
- Inclusive Cultures Have Healthier and Happier Workers From the Boston Consulting Group
- Diversity and Inclusiveness is Good for Your Wellbeing From Psychology Today
- Mental Health and Diversity: Creating a More Inclusive and Supportive Work Environment for All Employees From wellics
- The Legal System and Brain Injury From Brain Injury Alliance Colorado
- Overlooked: Stories of Mental Illness and the Criminal Justic System National Alliance on Mental Illness

IDEA Newsletter Recommendation List (Educational Access and Academic Freedom Newsletter)

- **Videos**
  - **YouTube Tedx**
    - The Billion-Dollar Problem in Education-Tanisha Lavette Williams
    - Adrian K. Haugabrook: 3 ways to lower the barriers to higher education
    - Practical Strategies for Removing Barriers to Learning
    - Breaking the generational cycle of poverty-Duncan Campbell
    - The Inheritance of Poverty-Shomari Payne
    - The Brain on Poverty-Jessica Sharpe
    - We can end poverty, but this is why we haven't-Teva Sienicki
    - The (re)birth of the double consciousness-Nicole Johnson

IDEA Newsletter Recommendation List (Power of Education and Indigenous Heritage Newsletter)

- **Books**
  - “House Made of Dawn” by F. Scott Momaday
  - “Ceremony” by Leslie Marmon Silko
  - “Reinventing the Enemy's Language: Contemporary Native Women's Writing of North America” with Gloria Bird & Joy Harjo. (Poetry)
  - “Indigenous, I Am” by Niltooli Wilkins (Poetry)
  - “We Talk, You Listen: New Tribes, New Turf” by Vine Deloria Jr.
  - “Old School Indian: A Novel” by Aaron John Curtis
  - “Living the Spirit, A Gay American Indian Anthology” (Stonewall Inn Editions) by Prof. Will Roscoe
  - “Trickster Tales of Southeastern Native Americans: Stories from the Creek, Natchez, Seminole, Catawba, Cherokee and Other Nations” by Terry L. Norton
  - “Decolonizing Trauma Work: Indigenous Stories and Strategies”
- **Podcasts (Spotify)**
  - The Red Nation Podcast
  - Kulture Stream Podcast
  - Original People’s Podcast Ongwehonwe
  - Exploration of Indigenous Artists Podcast
- **Movies**
  - **Neflix**

        - Indian Horse
        - Frybread Face and Me
        - Rezball
        - Gather (documentary)
        - Wind River
        - Hostiles
    - **Amazon Prime**
        - She Sings to the Stars
        - Falls Around Her
        - Skins
        - Bearing Witness: Native American Voices in Hollywood
        - A Different American Dream
        - Killers of the Flower Moon (Rent) or Apple TV with Subscription
- **Series (Netflix)**
    - North of North
    - Darkwinds

IDEA Newsletter Recommendation List (Belonging Newsletter)

- **Books**
    - StarGirl- Jerry Spinelli
    - The Way of Belonging- Sarah E. Westfall
    - Belonging: The Science of Creating Connection and Bridging Divides- Geoffrey L. Cohan
    - Esperanza Rising- Pam Munoz Ryan
- **Podcasts**
    - A Little Joycast
    - Beautiful Anonymous
    - This American Life
    - On being
    - The Happiness Lab
    - The Anthropocene
- **Movies**
    - The Goonies
    - The Perks of Being a Wallflower
    - StarGirl (Disney+)
    - A Boy Named Charlie Brown

- Into the Wild
- Seeking a Friend for the End of the World